

**MEDICATIONS FOR DEPRESSION, ANXIETY,
AND OBSESSIVE-COMPULSIVE DISORDER (Part 2)**

Updated 09/10

Group Main Use	Medication Brand/Generic	Form	Dose Schedule	Dose Range	Most Common Side Effects for Group	Pros for Group	Cautions for Group
Remeron (depression booster)	Remeron mirtazapine	Tablet, Scored 15, 30, 45 mg Solutab 15, 30, 45mg	Once a day, evening	Child:7.5-30 mg Adoles:7.5-45 mg Adult 15-45 mg	Sedation, often increases appetite. May be less sedation at higher doses.	Less GI or sexual side effects than SRI group. Helps sleep, agitation and anxiety. Combination of Norepinephrine and serotonin boost. May boost other meds. Few interactions. No Routine labs or EKG.	Relatively new. Avoid combinations of overlap with MAOI. Same time onset as SRI or TCA. 3 Cases severe drop in white blood cell count during testing. All recovered when med stopped.
Wellbutrin (depression, booster, ADHD)	Wellbutrin bupropion Zyban	Tablet (not scored) 75, 100mg SR (slow release tablet, not scored) 100, 150, 200mg 150mg XL 300mg XL	Given 2-3 times a day. Start in the a.m. SR 1-2 times a day.	Child:37.5-150mg Adoles:75-300mg Adult 150-450mg	Increased energy. Decreased appetite.	No significant sexual side effects. No labs or EKG needed. Very few interactions. May help Attention Deficit Hyperactivity Disorder. Zyban form used to stop smoking. Good for boosting other meds. Side effects lessen with time Approved to help stop smoking. Generic available.	Avoid if personal seizure history. Caution if family seizure history. Avoid if bulimia. Must take 2 or 3 times daily. Probably less effective than SRI for severe anxiety. Slow Release may be once or twice a day. Same time onset as SRI and TCA and all other antidepressants.
(depression sleep)	Desyrel trazodone Oleptro trazodone XR Serzone nefazodone Savella milnacipran	Tablets 50, 100, 150, 300mg 150, 300mg XR Tablets 100, 150, 200, 250mg Tablets 12.5, 25, 50, 100mg	Usually bedtime only Often twice a day Usually twice a day	Child: 25-200mg Adoles: 25-300mg Adult: 50-600mg Child:50-200mg Adoles:100-400mg Adult: 200-600mg 12.5 to 200mg 100mg is adult usual dose after building up slowly.	Sedation significant especially with Trazodone. Dizziness. Sometimes also nausea with Serzone. Less Sedation and dizziness Like other SNRIs on page one. Can affect liver or urine flow. Nausea and constipation are most common. Little weight effect if any.	Excellent sleep aid. Often used to help sleep along with SRI or Wellbutrin. Not habit forming. No labs, EKG. Very low risk in overdose. No sexual side effects generally. May use as booster. Serzone brings benefit of different neurotransmitter effects. Although this is an SNRI like others on page 1 and approved in Europe for depression, it is FDA approved so far only for Fibromyalgia.	One in 10,000 risk of priapism. Trazodone relatively weak antidepressant. Serzone may rarely damage the liver. Because it is an SNRI avoid use with an SRI or other SNRI.

All these medications should be taken 7 days a week to be effective. Simultaneous use of alcohol or cigarettes and especially street drugs should be avoided. All antidepressants may increase mania risk in persons with Bipolar (manic-depressive) disorder. All medications should be avoided if possible in pregnancy. This chart is intended to be a summary guide, not a full and complete list.